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### IRON-ON INSTRUCTIONS

1. Place T-shirt on hard surface with 6 sheets of old newspaper inside of shirt.
2. Smooth out shirt material so that there are no wrinkles under the area to be covered by the iron-on transfer sheet, this means the layer of T-shirt **under** the newspaper as well as on top of it.
3. Place transfer sheet on shirt and hold in place with a straight pin in each corner.
4. With your iron set on high cotton and completely warmed up, apply iron to transfer sheet with firm pressure of approx. 25 lb., moving around the area constantly. Time of iron contact should be at least ten seconds. Care should be exercised here, as too long of contact will scorch the T-shirt. Make sure that the tip of the iron is not the only part of the iron to touch any particular area, because the tip is usually much cooler than the body of the iron.
5. 50-50 cotton and polyester T-shirts are preferred because their dye-retaining properties allow them to be washed in hot water. 100% cotton T-shirts **must** be washed in cold water and, even then, will lose some color intensity.